# Appreciation Time

Use the sentence starter below to write three compliments and statements of appreciation for you, a friend, and/or a family member. After you write them, say your compliments and statements of appreciation to the person you wrote it for.

**Sentence Starter:**

“\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (person’s name), I appreciate how you \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (action this person did for you).”

“You are very \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (adjective).”

**Example:**

Sergio, I appreciate how you helped me put away the dishes last night. You are very helpful.

**Adjectives You Can Use:**

Kind

Helpful

Thoughtful

Creative

Caring

Bright

Talented

Intelligent

Artistic

Courageous

Brave

Passionate

Hard Working

Diligent

Composed

Determined

Reliable

Supportive

Funny